“Thank You Sacred Heart Clinic for all you do”

“Healthcare is so important because it lets you spend more quality time with your family,” says John Molina, a patient at Sacred Heart Community Clinic. “Thank you Sacred Heart Clinic for all you do.”

John first came to Sacred Heart Community Clinic in January after having a diabetic crisis. “I had many health concerns but I was not aware that I had diabetes. When I had a diabetic crisis in January, the people at Sacred Heart Clinic held my hand and made sure I got through it,” John said. “Ever since then they’ve been taking care of me and helping me control my sugar levels. I’m now on the path to controlling my A1C (blood sugar) thanks to Sacred Heart.”

John is thankful for all the many services that Sacred Heart Community Clinic offers its patients. “I’m able to get all my medication from their pharmacy that I wouldn’t be able to afford otherwise. They have very good medical care, and the dental care I’ve had there was top quality work.”

John is just one of the many patients who found a home for their healthcare needs at Sacred Heart Community Clinic. We could not continue to help John and others like him without the support of our community. Every dollar you donate to our clinic will be spent on medicines, medical and dental supplies, and operating costs. Thank you for making it possible for us to serve our neighbors in need.

We provide free medical & dental care for patients who meet the following criteria:

- Live in Williamson County
- Have no health insurance and no Medicaid, Medicare, or CHIP
- Income is at or below 200% of the Federal Poverty Level (Ex: $24,980 for a single person or $51,500 for a family of 4)
Fatima Castro is the Social Worker Intern at Sacred Heart Community Clinic. Her personal background enables her to empathize with our patients and their current situation which brings them to a free clinic. Fatima came to the United States in the 1980s as a refugee from El Salvador where her mother was a torture victim during the country’s Civil War. Living in a new country, she learned English by reading classic novels like “Sense & Sensibility”. Her family relied on the kindness of strangers and the help of different non profit organizations to help them survive those early years in the United States. “They were like angels watching over us,” she said.

Fatima will soon graduate with a Bachelors of Social Work degree from Texas A&M Central Texas. After doing such a fabulous job during her 9-month internship in our clinic, we hired her to work here on a part-time basis. She serves as our human “resource manual,” performing qualification screenings and connecting patients to additional resources in Williamson County.

Join us for the 9th Annual Heart to Heart Gala on Feb 15

Make it a Valentine’s Weekend to remember! Come “Shake, Rattle & Roll” at our 1950s sock hop on Saturday, February 15, 2020, at the Sheraton Georgetown Hotel. Put on those poodle skirts or leather jackets and join the party. There’s even an Elvis Tribute Contest if you happen to have any sequined jumpsuits hanging around in the back of your closet! The fun happens from 6:00pm to midnight.

In addition to music and dancing, there will be casino games to play and exciting auctions items to bid on. Elvis will even make a special guest appearance to sing a few songs for us! Sponsorship tables are currently available to purchase from $1,200 and up, and individual tickets for $100. More information can be found online at HeartToHeartGala.com.

We put the “FUN” in fundraising! Tickets to “Shake, Rattle & Roll” can be purchased online at HeartToHeartGala.com.

Nonprofits are like angels watching over those in need

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Dental Clinic restores patients’ smiles

Have you ever had a toothache? If so, then you know how painful it is to eat with that pain. Now imagine how difficult it would be to chew food when you have several teeth that ache or are missing. That’s the situation for many of our patients because they cannot find affordable dental care. When they learn about Sacred Heart Community Clinic, they are very grateful for our services which are often life-changing for them.

“Samuel”, pictured above, has diabetes but was not able to eat healthy foods because he had trouble chewing. His poor oral health was affecting his overall health condition. After completing treatment in our dental clinic, he is able to eat and chew foods again. He also has become more sociable because he’s not embarrassed to smile anymore.

When “Lisa” came to our dental clinic, she only had 8 teeth in her mouth. She was out of work after taking a medical leave of absence. She had been working as a cashier when an angry customer punched her in the face, causing her to lose most of her teeth. But she was determined to be able to chew food again. Lisa did not have a car, so in order to get to her dental appointments at Sacred Heart Community Clinic, she walked over two miles to the nearest bus stop. “Lisa” wants to share with everyone how excited she was to receive the gift of dental care. She would not have been to afford it otherwise.

We need your favorite recipes

Do you have a favorite family recipe you’d be willing to share? Sacred Heart Community Clinic is creating a cookbook and would like as many original family recipes as possible . . . desserts included! Email your recipes to sacredheartclinic@outlook.com. Funds raised from cookbook sales will directly benefit our patients.
Thankful for Sacred Heart Community Clinic

Betty Humphrey is no stranger to Sacred Heart Community Clinic. She has been a patient off and on since 2011. “I’ve watched it grow from an itty bitty clinic to what it is now with all the new exam rooms, a lab, a pharmacy and a dental clinic.”

Betty, who has Type 2 Diabetes, first came to our clinic after being laid off from her job. Then again while working as a substitute teacher without health benefits. “I’m so thankful for Sacred Heart Clinic. I have been able to get all my diabetes medications and testing supplies for free,” she said. “The doctors there are just wonderful and always take good care of me.”

In addition to having diabetes, Betty also has diverticulitis. She is able to see doctors at SHCC whenever it flares up and get the antibiotics she needs to treat it. “I love that Sacred Heart is a full service clinic,” she said. “I can come in for check ups, flu shots, well woman exams, and to get my teeth cleaned. I even got a tooth pulled there!”

Betty recently graduated with a degree in Health Information Management with a Cancer Tumor Registrar specialty. She is currently applying for jobs. “I can’t wait to get a new job with benefits. Then I can come back to Sacred Heart and volunteer. I want to give back to the clinic that’s been here so much for me.”

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Please remember Sacred Heart Community Clinic when you do your online shopping this holiday season and throughout the new year. We are now an Amazon Smile partner which means that a portion of every purchase you make through Amazon will be donated to the clinic. Simply go to Smile.Amazon.com and select our clinic as your charity of choice.